

The story of Kveik – a relic from early domestication

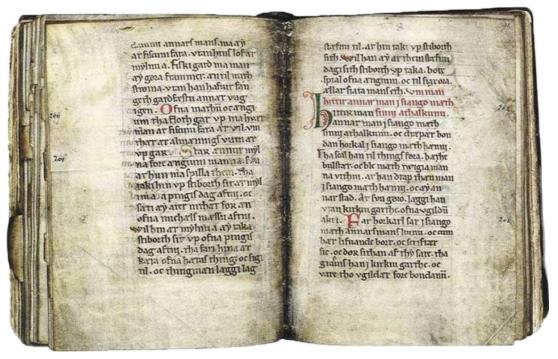
Ex situ Working Group meeting, 6th – 7th May 2025 Athens, Greece

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Brewing as part of the Christianization



The Gulathing Law from 1024 AD

- Beer or Kveik was considered a "Drink of God" even before Christianity.
- As part of the Christianization, King Olav the Holy transformed pagan customs into Christian customs to gain power and acceptance from the people.
- In 1024, King Olav the Holy enacted a Christian law stating that farmers were obligated to brew beer twice a year.
- The penalty for not brewing beer could be a fine or losing the farm.
- Norway was Christianized in 1030 AD by King Olav the Holy.

What is brewing?

- Utilizing the yeast *Saccharomyces* cerevisiae for beverage fermentation.
- Saccharomyces cerevisiae
 - is an essential component of human civilization.
 - has been used in food and beverage fermentation many thousands of years back in time.



What is Kveik?

 Kveik is a distinct genetic group within the species S. Cerevisiae.

Kveik is estimated to be
4000-8000 years old –
close to the root of *S.*Cerevisiae.

– Kveik means "lighting a fire"



The root of *Saccharomyces Cerevisiae* The origin of kveik yeast – phylogenetic tree

Orange: modern beer yeast (300-500 years old)

Blue: sake (nihonshu) yeast (more than 4 000 thousands year old)

Green: wild yeast

Red: kveik yeast

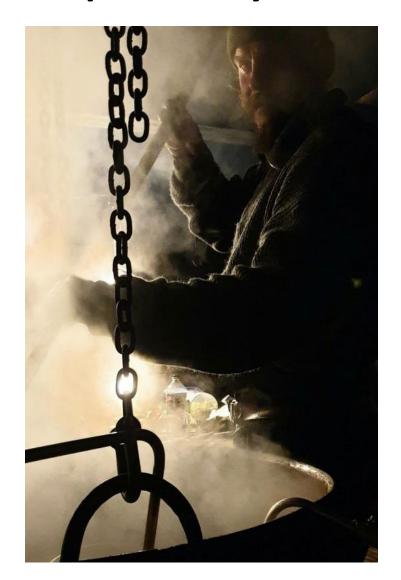


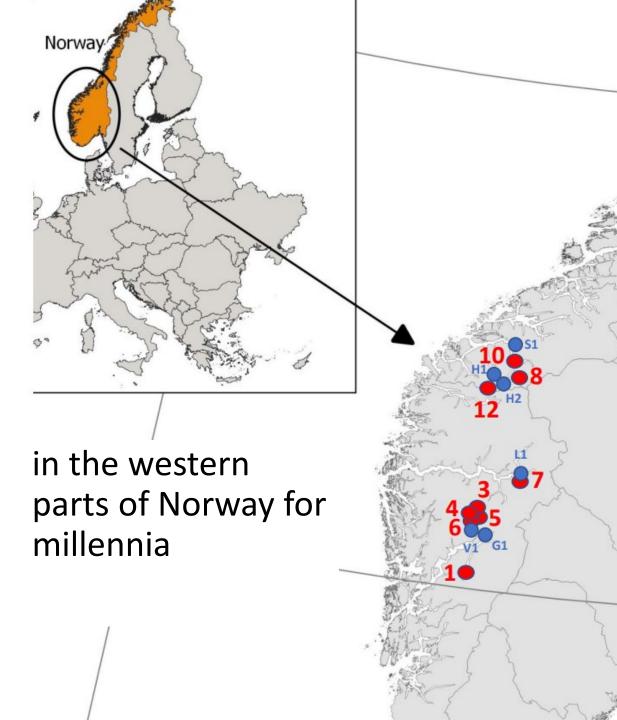




Kveik has been kept alive by

traditional farmhouse brewing

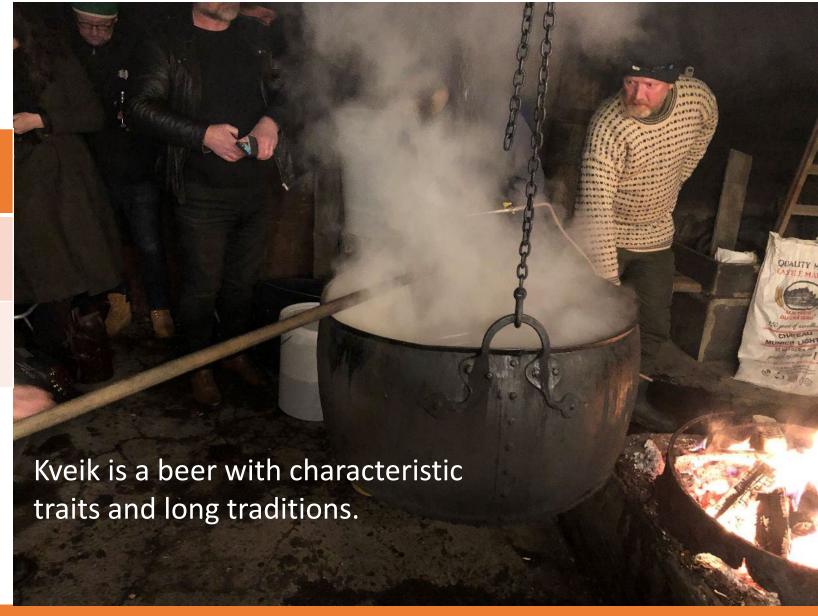




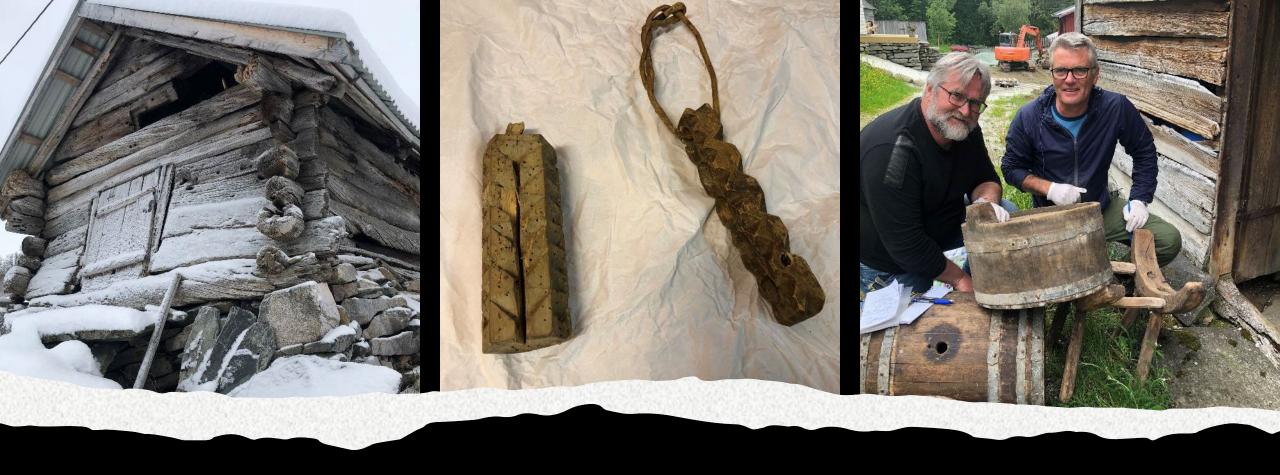
Characteristics of Kveik beer

	Kveik	Modern beer
Fermen- tation temp	38-40 C	10-22 C
Fermen- tation time	48 hours	1-4 weeks

Kveik is known for having a richer selection of tropical fruit flavours than other types of beer-yeasts

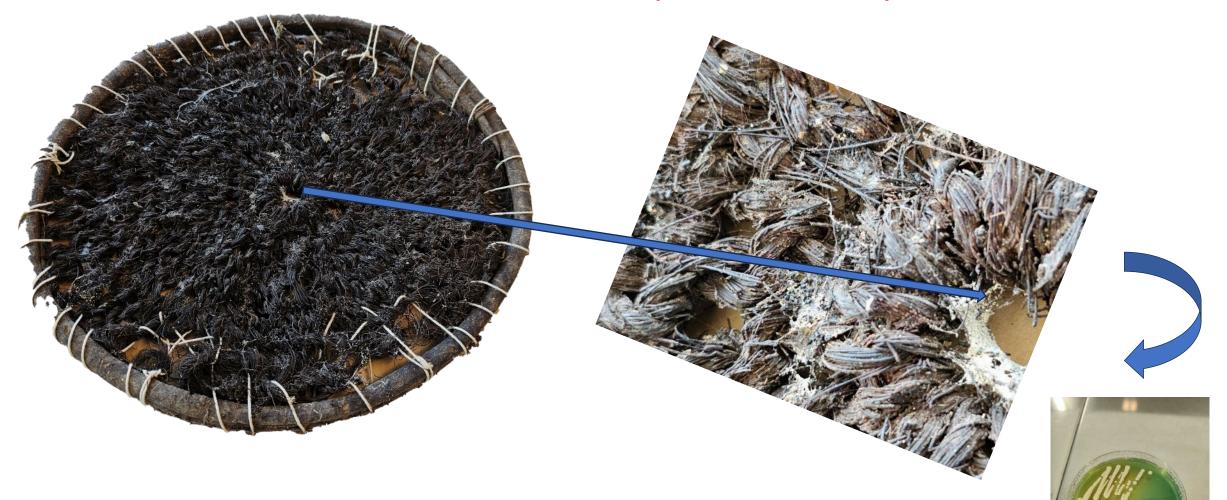






The hunt for historical kveik-yeast DNA

New life to old kveik-yeast—is it possible?



Horse hair yeast ring from Kinsarvik, Norway, – gave viable yeast after 50 years storage!

Opening of the *Genebank for Kveik*August 2024 in Voss, Norway



- The Kveik is stored in glycerol at -30 C and -80 C
- One back up storage
- Only DNAsequenced and quality assured Kveik is stored in the gene bank



Only for genebanking?









Reduce your fermentation time



Ability to ferment at high temperatures



Gives great depth of flavor to your beer



Research

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Results

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Norsk Norsk



Worth knowing > Worth to know about kveik

Worth to know about kveik

Brewing beer with kveik yeast has become very popular. Old traditions are being brought back and examined with a fresh perspective using modern methods of analysis.



The ultra traditional Norwegian beer yeast kveik had almost fallen into obscurity. However, kveik beer has now become wildly popular. Photo: Jan Thomas Rosnes © Nofima







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Kveik is a Norwegian word meaning yeast. In the Norwegian farmhouse tradition, kveik yeast was preserved by drying and passed from generation to generation. Kveik is the original, traditional dr is known for its ability to ferment beer quickly at high temperatures, producing a unique flavor profile with notes of citrus and spice. Kveik yeast has become increasingly popular in recent years du versatility and ease of use, making it a popular choice for brewing various styles of beer, including IPAs, stouts and sours. Kveik yeast strains can also tolerate high levels of alcohol and can produce neutral flavor, allowing the other ingredients in the beer to shine. The LalBrew Voss™ strain of kveik ale yeast supports a wide range of fermentation temperatures, and the flavor profile is consiste the entire temperature range.

Kveik is a worldwide success; appr 4 300 Kveik beers on the global market today



Activities promoting sustainable use of Kveik

- The gene bank is handing out Kveik yeast to old and new brewers
- Brand building aimed at the local food market and the tourism market.
- Research on utilizing old barley varieties in Kveik brewing





- Securing the Kveik gene bank for the future
- More research on the origin of Kveik is needed
- Application to the UNESCO World Heritage Representative List for Intangible
 Cultural Heritage



Thanks for your attention!





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